

Chatty Minds (Hampton area) Volunteer Role Description

PURPOSE:	We are looking for 2 volunteers to support an in-person friendly social group where members get to check in with each other and have a general chat. It's an informal safe space where members can receive some emotional support or just have an easy-going chat about anything that's on their mind.
REPORTS TO:	Peer Network Lead
HOURS:	1-2 hours weekly (fortnightly)
LOCATION:	Hampton area (venue TBC)

Duties can include:

- Set up space before members arrive
- Support members by talking with them and involving them in wider group conversations
- Welcoming new members, ensuring diverse needs are met, and supporting members who need assistance
- Identifying any potential risks to service users and report Peer Network Lead
- Tidy up space at end of session

Skills, Attributes & Abilities Required:

Strong interpersonal skills, High empathy levels, good listener, emotional intelligence, warm and friendly, consistent, reliable, good time management, respectful and value other people's opinions

Benefits

- The opportunity to learn more about the voluntary sector and to gain valuable skills and experience
- Volunteering from home allowance (in line with our Volunteers' Expenses Policy)
- The opportunity to attend training courses
- Support and supervision

- References (after completion of 3 months volunteering with us)

If you are interested in applying or would like further information on volunteering with us, please email our Volunteering Team volunteering@rbmind.org click on the QR code or call 07849 090901

Thank you for your interest in Richmond Borough Mind

