

## Dog Walking Volunteer Role Description

<b>PURPOSE:</b>	To be part of a volunteering team who are passionate dog enthusiasts and enjoy meeting new people. This role will consist of supporting our Mind clients in the community on walks out in the local green spaces with some furry companions. Having a mutual love for the outdoors and being around animals will create common ground for volunteers and service users to bond on their strolls in nature. It's key that our volunteers are dependable, have a good sense of time keeping. Also being confident striking up conversation with individuals from different backgrounds/life experiences, making them feel at ease and having strong empathy levels is important.
<b>REPORTS TO:</b>	
<b>HOURS:</b>	The group will be for 1 hour on a weekday in the early afternoon.
<b>LOCATION:</b>	TBC but will be a park within the Richmond borough.

### Duties can include:

- Complete pre-assessment form
- Record group attendees at start of session
- Providing social engagement, gentle exercise and mental stimulation
- Support clients during session to safely walk dogs on lead
- Ability to support handling dogs of different sizes, strengths and energy levels
- Scooping and disposing of waste during walks to maintain hygienic exercise areas.

### Skills, Attributes & Abilities Required:

Strong interpersonal and good communication, high empathy levels, vigilant, dog lover, calm, patient, understanding of human and dog body language, able to prioritise safety, good time management and reliable, adaptable to different environments.

### Benefits

- The opportunity to learn more about the voluntary sector and to gain valuable skills and experience
- Volunteering from home allowance (in line with our Volunteers' Expenses Policy)
- The opportunity to attend training courses

- Support and supervision
- References (after completion of 3 months volunteering with us)

**If you are interested in applying or would like further information on volunteering with us, please email our Volunteering Team [volunteering@rbmind.org](mailto:volunteering@rbmind.org) click on the QR code or call 07849 090901**

**Thank you for your interest in Richmond Borough Mind**

